

ASB Pre and Post 2011

Brief description of program:

This program, which is sponsored through the Center for Student Wellness and the Bennion Center, takes students around the West to engage in community service and experiential learning during Spring Break. Each year, students leave behind the world of books and labs to enter communities grappling with issues of poverty, prejudice, hunger, HIV/AIDS, and environmental degradation. Students volunteer their time and resources to different projects with a variety of community organizations.

ASB is a unique program because it pairs up students and staff to work together as a team to plan the trip. Student site leaders are the primary planners, organizers and executors for the trips while staff partners advise and support the students during this process. Staff partners come from a variety of campus entities including Student Affairs, Academic Advising, and even faculty members.

Who was asked to complete survey:

Students who attended, site leaders, and staff partners—129 people total, for both pre and post surveys.

Administration Type:

Everyone was giving the pre trip survey on paper the morning before they took off on their trips. The post trip surveys were handed out prior to arriving back in Salt Lake City.

Summary of Key Findings:

Pre Trip Survey Findings (125 completed):

- 2011 was 89 students first time participating in an ASB trip.
- Most students found out about ASB from either a friend or the ASB website.
- 62% of students said they signed up for a trip because of location (check all that apply).
- 63% said they also signed up because of interest in the issue (check all that apply).
- 48% said they volunteer through some University of Utah entity.
 - 42% said they do not volunteer on campus.
- 54% said they volunteer off campus.
 - 32% said they do not volunteer.
- Combined 86.2% of students said they felt the site leader prepared them for the trip.
- Combined 84% said that they themselves felt prepared for the trip.

Post Trip Survey Findings (97 surveys completed):

- Over 90% of the students surveyed said they felt the site leader and the staff partner preformed well.
- 90% of the students felt their trip was meaningful.
- Over 90% said the trip increased their knowledge of the population they were serving.
- 74% said their attitude changed.
- 63% said the trip impacted their academic future, while 59% said the trip impacted their career goals.
- 85% indicated they were likely to volunteer in the future.

Actions Taken:

Because of the popularity of the program we increased Point Reyes to include 16 students; we also added another trip, totally 11 ASB sites. The new site is Rio Mesa in southern Utah. Overall the results showed students having positive meaningful experiences.

Which department and/or program goals does this survey align with?

The survey aligns with the mission of the ASB program, Bennion Center, and the Center for Student Wellness.

Which Student Affairs goals does this survey align with?

- 1.) Develop students as a whole through the cultivation and enrichment of the body, mind and spirit.
- 5.) Partner with Faculty, staff and external constituencies to foster student development and enhance the greater community.
- 6.) Utilize a coordinated assessment, evaluation and research approach to promote data driven decision-making.
- 8.) Promote the effective use of best practices in Student Affairs departments, programs and services.