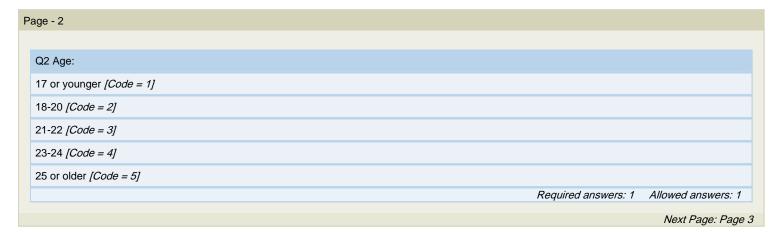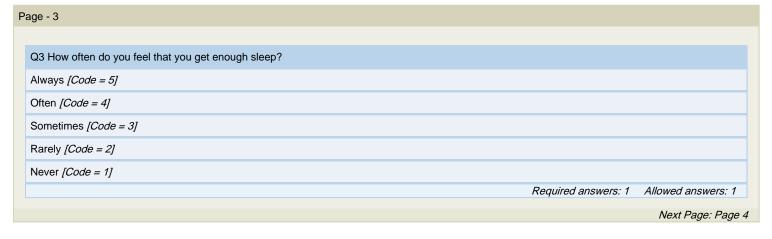# Sleep Survey 2006

Description: Sleep Survey 2006 - PDA - October 2006
Date Created: 10/19/2006 12:00:00 AM
Date Range: 10/19/2006 12:00:00 AM - 11/4/2006 11:45:00 PM

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Q1 Gender:

Male *[Code = 1]*

Female *[Code = 2]*

Other *[Code = 3]*

Required answers: 1   Allowed answers: 1

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Q2 Age:

17 or younger *[Code = 1]*

18-20 *[Code = 2]*

21-22 *[Code = 3]*

23-24 *[Code = 4]*

25 or older *[Code = 5]*

Required answers: 1   Allowed answers: 1

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Q3 How often do you feel that you get enough sleep?

Always *[Code = 5]*

Often *[Code = 4]*

Sometimes *[Code = 3]*

Rarely *[Code = 2]*

Never *[Code = 1]*

Required answers: 1   Allowed answers: 1

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Q4 How would you describe the quality of your sleep?

Excellent *[Code = 5]*

Good *[Code = 4]*

Fair *[Code = 3]*

Poor *[Code = 2]*

Very Poor *[Code = 1]*

Required answers: 1   Allowed answers: 1

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Q5 What are the barriers that keep you from getting a good night of sleep? (Check all that apply; Scroll down)

Friends *[Code = 1]*

Homework *[Code = 2]*

Stress *[Code = 3]*

Anxiety *[Code = 4]*

Parties *[Code = 5]*

Noise *[Code = 6]*

Insomnia *[Code = 7]*

Other (please specify) *[Code = 8] [TextBox - Popup]*

None of the above *[Code = 9]*

Required answers: 1   Allowed answers: 9

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Q6 What day(s) of the week do you get the most quality sleep?

Sunday *[Code = 1]*

Monday *[Code = 2]*

Tuesday *[Code = 3]*

Wednesday *[Code = 4]*

Friday *[Code = 5]*

Saturday *[Code = 6]*

Required answers: 1   Allowed answers: 1

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Q7 How likely would you be to attend a free sleep workshop?

Very Likely *(Go To Page 8) [Code = 5]*

Somewhat Likely *(Go To Page 8) [Code = 4]*

Neutral *(Go To Page 8) [Code = 3]*

Somewhat Unlikely *(Go To Page 8) [Code = 2]*

Very Unlikely *(Go To Page 10) [Code = 1]*

Required answers: 1   Allowed answers: 1

Next Page: Conditional

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Q8 What day(s) of the week would work best for you to attend a free sleep workshop? (Check all that apply)

Monday *[Code = 1]*

Tuesday *[Code = 2]*

Wednesday *[Code = 3]*

Thursday *[Code = 4]*

Friday *[Code = 5]*

Required answers: 1   Allowed answers: 5

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Q9 What time(s) would work best for you to attend a free sleep workshop? (Check all that apply)

Morning 10-12 *[Code = 1]*

Afternoon 1-3 *[Code = 2]*

Evening 4-6 *[Code = 3]*

Night 7-9 *[Code = 4]*

Required answers: 1   Allowed answers: 4

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Q10 What would prevent you from attending the free sleep workshop? (Check all that apply)

Classes/Schedule *[Code = 1]*

Homework *[Code = 2]*

Family obligations *[Code = 3]*

Work *[Code = 4]*

Not interested at this time *[Code = 5]*

Other *[Code = 6]*

Required answers: 1   Allowed answers: 6

Next Page: End