

# Volunteer Barriers and Motivations Survey

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Consent and Authorization Document for *Minimal Risk Research*

## BACKGROUND

You are being asked to take part in a research study. Before you decide it is important for you to understand why the research is being done and what it will involve. Please take time to read the following information carefully. Ask us if there is anything that is not clear or if you would like more information. Take time to decide whether you want to volunteer to take part in this study. This study will determine and analyze the factors that influence undergraduate students at the University of Utah to volunteer through the Bennion Community Service Center. It will look at how students at this university receive and gather information for campus opportunities and volunteering. It will also attempt to analyze student motivations and barriers to volunteering through on-campus organizations. The findings from this research will be used to help the Bennion Center determine a strategic marketing and outreach plan to involve more students in community service.

## STUDY PROCEDURE

It will take approximately 10 minutes to complete this study. As part of this study you will be asked to answer the questions in this online survey. Questions will be asked about your demographics and your history with the Bennion Center and volunteering. **RISKS** The risks of this study are minimal. You may feel upset talking about personal information related to your volunteering. These feelings may be similar to those you experience when discussing personal information with others. If you feel upset from this experience, please notify Lacey Holmes at (801) 581-8436, and she will tell you about resources available to help.

## BENEFITS

There are no direct benefits for taking part in this study. However, we hope the information we get from this study may help develop a greater understanding of volunteering at the University of Utah, and help us develop more and better programs in the future.

Required answers: 0 Allowed answers: 0

## CONFIDENTIALITY

Your name, email address, or other identifying information will not be associated in any way with your responses on the survey.

## Person to Contact

If you have questions, complaints or concerns about this study, or if you feel you have been harmed as a result of participation, you can contact Lacey Holmes at (801) 581-8436.

## Institutional Review Board:

Contact the Institutional Review Board (IRB) if you have questions regarding your rights as a research participant. Also, contact the IRB if you have questions, complaints or concerns which you do not feel you can discuss with the investigator. The University of Utah IRB may be reached by phone at (801) 581-3655 or by e-mail at [irb@hsc.utah.edu](mailto:irb@hsc.utah.edu).

**Research Participant Advocate:** You may also contact the Research Participant Advocate (RPA) by phone at (801) 581-3803 or by email at [participant.advocate@hsc.utah.edu](mailto:participant.advocate@hsc.utah.edu).

**VOLUNTARY PARTICIPATION** It is up to you to decide whether to take part in this study. Refusal to participate or the decision to withdraw from this research will involve no penalty or loss of benefits to which you are otherwise entitled. This will not affect your relationship with the investigator.

**COSTS AND COMPENSATION TO PARTICIPANTS** There is no cost for participation. After finishing the survey, participants will have an opportunity to enter their name in a drawing for a \$5 gift card.

Required answers: 0 Allowed answers: 0

Q1 Do you agree to participate?

I agree to participate.[Code = 1]

I do NOT agree to participate.[Code = 2] (Go To End)

Required answers: 1 Allowed answers: 1

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Q2 What is your current gender identity?

Man[Code = 1]

Woman[Code = 2]

Transgender[Code = 3]

Other (please specify)[Code = 4] [Textbox]

I prefer to not respond to this question.[Code = 0] [N/A]

Required answers: 1

Allowed answers: 1

Q3 With which category do you most identify?

Asian/Pacific Islander[Code = 1]

Black/African-American[Code = 2]

Latino(a)/Hispanic[Code = 3]

Middle Eastern[Code = 4]

Indigenous/Native American[Code = 5]

White[Code = 6]

Multiracial [Code = 7]

I prefer to not respond to this question.[Code = 0] [N/A]

Required answers: 1

Allowed answers: 1

Q4 Age: (Please answer using a whole number only)

[Code = 1] [Textbox - Numeric]

Required answers: 0

Allowed answers: 1

Q5 Years enrolled in college or university:

Less than 1[Code = 1]

1 - 2[Code = 2]

3 - 4[Code = 3]

5 - 6[Code = 4]

7 - 8[Code = 5]

More than 8[Code = 6]

Required answers: 1

Allowed answers: 1

Q6 Current residence:

On campus[Code = 1]

Off campus[Code = 2]

Required answers: 1

Allowed answers: 1

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Q7 Proximity to campus:

Less than 1 mile[Code = 1]

1 - 3 miles[Code = 2]

4 - 7 miles[Code = 3]

8 - 15 miles[Code = 4]

More than 15 miles[Code = 5]

Required answers: 1 Allowed answers: 1

Display if Q6='Off campus'

Q8 How did you hear about volunteering through the Bennion Center? (Check all that apply)

Academic advisor[Code = 1]

Other campus organization[Code = 2]

Daily Utah Chronicle[Code = 3]

Flyer[Code = 4]

Orientation[Code = 5]

Recruitment table[Code = 6]

Facebook[Code = 7]

Twitter[Code = 8]

Word of mouth[Code = 9]

Other (please specify)[Code = 10] [Textbox]

Required answers: 1 Allowed answers: 10

Q9 Are you currently or have you ever been a volunteer or student leader through the Bennion Center?

Yes[Code = 1]

No[Code = 2]

Required answers: 1 Allowed answers: 1

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Q10 How long have you been/were you a volunteer or student leader?

Less than 1 month[Code = 1]

1 - 6 months[Code = 2]

7 - 12 months[Code = 3]

1 - 2 years[Code = 4]

3 - 4 years[Code = 5]

5 - 6 years[Code = 6]

More than 6 years[Code = 7]

Required answers: 1 Allowed answers: 1

Display if Q9='Yes'

Q11 Which of the following factors contribute to your involvement with the Bennion Center? (Check all that apply)

I want to meet new people.[Code = 1]

It is something fun I can do with my friends.[Code = 2]

I am looking for leadership experiences.[Code = 3]

I feel it is important to help others.[Code = 4]

The activity itself sounded interesting to me.[Code = 5]

I think it will help me in my future career/graduate school.[Code = 6]

I want to learn new skills.[Code = 7]

I support the cause.[Code = 8]

I want to better understand diverse populations.[Code = 9]

I can get scholarships/financial aid for participating.[Code = 10]

Other (please specify)[Code = 11] [Textbox]

	<i>Required answers: 1</i>	<i>Allowed answers: 11</i>
Display if Q9='Yes'		
Q12 Will you continue volunteering with the Bennion Center?		
Yes[Code = 1]		
No[Code = 2]		
	<i>Required answers: 1</i>	<i>Allowed answers: 1</i>
Display if Q9='Yes'		
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Q13 Which of the following factors contribute to you not continuing to volunteer through the Bennion Center? (Check all that apply)		
Never heard back from anyone[Code = 1]		
Graduated[Code = 2]		
Commitments to other on-campus activity[Code = 3]		
Commitments to off-campus activities[Code = 4]		
Family commitments[Code = 5]		
I don't like to participate alone[Code = 6]		
I am too shy[Code = 7]		
I do not feel accepted/events are unwelcoming[Code = 8]		
Inconvenience of commuting[Code = 9]		
Interferes with academic obligations (studying, group work, etc.)[Code = 10]		
Interferes with social commitments (going out, hanging with friends, etc.)[Code = 11]		
Not enough time/too busy[Code = 12]		
Not interested[Code = 13]		
Spiritual/religious principles prevent participation[Code = 14]		
There isn't anything I like to participate in[Code = 15]		
Times/days of activities are not convenient[Code = 16]		
Unable to bring children/spouse[Code = 17]		
Unsure of how to get involved[Code = 18]		
Varsity athletics[Code = 19]		
Work[Code = 20]		
Financial concerns[Code = 21]		
Other (please specify)[Code = 22] [Textbox]		
	<i>Required answers: 1</i>	<i>Allowed answers: 22</i>
Display if Q12='No'		
Q14 Anything else you might want to add to help us improve volunteering at the University of Utah?		
[Code = 1] [Textbox]		
	<i>Required answers: 0</i>	<i>Allowed answers: 1</i>
Display if Q9='Yes'		
Q15 Which of the following factors contributed to your interest in the Bennion Center? (Check all that apply)		
I want to meet new people.[Code = 1]		
It is something fun I can do with my friends.[Code = 2]		
I am looking for leadership experiences.[Code = 3]		
I feel it is important to help others.[Code = 4]		

The activity itself sounded interesting to me.[Code = 5]

I think it will help me in my future career/graduate school.[Code = 6]

I want to learn new skills.[Code = 7]

I support the cause.[Code = 8]

I want to better understand diverse populations.[Code = 9]

I can get scholarships/financial aid for participating.[Code = 10]

Other (please specify)[Code = 11] [Textbox]

Required answers: 1      Allowed answers: 11

Display if Q9='No'

Q16 Although you signed up to volunteer through the Bennion Center, you never did. Are you involved in any other volunteering programs?

Yes (where?)[Code = 1] [Textbox]

No[Code = 2]

Required answers: 1      Allowed answers: 1

Display if Q9='No'

Q17 Which of the following factors contributed to your not volunteering through the Bennion Center? (Check all that apply)

Never heard back from anyone[Code = 1]

Graduated[Code = 2]

Commitments to other on-campus activity[Code = 3]

Commitments to off-campus activities[Code = 4]

Family commitments[Code = 5]

I don't like to participate alone[Code = 6]

I am too shy[Code = 7]

I do not feel accepted/events are unwelcoming[Code = 8]

Inconvenience of commuting[Code = 9]

Interferes with academic obligations (studying, group work, etc.)[Code = 10]

Interferes with social commitments (going out, hanging with friends, etc.)[Code = 11]

Not enough time/too busy[Code = 12]

Not interested[Code = 13]

Spiritual/religious principles prevent participation[Code = 14]

There isn't anything I like to participate in[Code = 15]

Times/days of activities are not convenient[Code = 16]

Unable to bring children/spouse[Code = 17]

Unsure of how to get involved[Code = 18]

Varsity athletics[Code = 19]

Work[Code = 20]

Financial concerns[Code = 21]

Other (please specify)[Code = 22] [Textbox]

Required answers: 1      Allowed answers: 22

Display if Q9='No'

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Q18 Which of the following factors would have increased your likelihood of volunteering through the Bennion Center? (Check all that apply)

More information about opportunities[Code = 1]

More leadership opportunities[Code = 2]

More direct service programs[Code = 3]

More on-campus volunteer work[Code = 4]

More programs with education[Code = 5]

Better times for volunteering[Code = 6]

Better communication[Code = 7]

Nothing[Code = 8]

Other (please specify)[Code = 9] [Textbox]

Required answers: 1 Allowed answers: 9

Display if Q9='No'

Q19 Anything else you might want to add to help us improve volunteering at the University of Utah?

[Code = 1] [Textbox]

Required answers: 0 Allowed answers: 1

Display if Q9='No'

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